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The Best Spas and Retreats for a Relaxing Bachelorette Weekend

If cupping is more your thing than clubbing, we're sharing top spas across the country for an actually relaxing bachelorette weekend.

By Kylie Gilbert · Published: May 6, 2024

et's face it: "Relaxing" and "bachelorette party" rarely go hand in hand. (Just watch the movie *Bachelorette*.) But in 2024, many brides are rewriting that script and embracing the more tranquil wellness spa bachelorette trend.

Instead of the typical booze-centric bachelorette activities, these brides are opting for beauty and wellness treatments and experiences to de-stress from wedding planning and connect with their friends on a deeper level. Of course, it doesn't have to be all or nothing—a **spa day** is also a great way to recharge after a girls' night out. (And many of the spas below also happen to offer recovery services like **IV drip therapy**.)

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Top spas for bachelorette parties

Palm Springs Yacht Club at the Parker Palm Springs

Palm Springs, California

Best for: The glam bride who wants five-star pampering.

The Palm Springs Yacht Club is a massive spa and wellness facility located on the property of the five-star desert chic Parker Palm Springs hotel. Upon arrival, you'll be given a thimble of cucumber-infused vodka along with your bathrobe to kick off your spa festivities. Choose from a wide range of personalized spa treatments, from facials to reflexology to a hot stone massage, or go for the Yachtsman's Voyage (\$600 for 2 hours 45 minutes), including a 60-minute massage, 60-minute facial, and 45minute spa manicure for the full works. Once you're done being pampered, head to Norma's on the hotel property for a bite—the brightly colored open-air terrace restaurant is a great way to take in the serene mountain views.

