

Los Angeles

STAND-UP SOBRIETY
How recovery is proving
to be fertile ground
for laughs

**BILL
MAHER**



**WHAT,
HIM
WORRY?**

THE *REAL TIME* HOST LETS IT
RIP ON WEED (TOO STRONG),
THE LEFT (TOO WOKE) AND
HIS TV FUTURE (TOO OLD?)



**HAPPY
4/20!**

A GUIDE TO
WEHO'S
EMERALD
VILLAGE

**HARLAN
ELLISON**

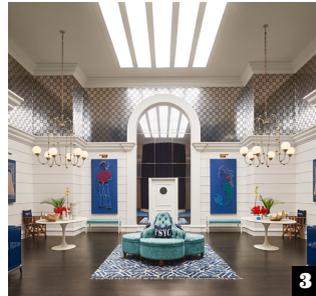
THE LAST,
LOST WORDS
OF A SCI-FI
REBEL



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5

SPAS

Desert Bliss

DECOMPRESS FROM A HECTIC FESTIVAL WITH THESE NEW GREATER PALM SPRINGS WELLNESS OFFERINGS

BY JASMIN ROSEMBERG



WELLNESS RUNS deep in Palm Springs, which got its name “because of these hot springs,” says The Spa at Séc-he’s director, Daniel Spencer. “These ancient waters are part of a practice the [Agua Caliente Band of Cahuilla Indians] tribe has been doing for a long time.” Here’s how to rebalance, remove EMF (electromagnetic fields) or just enjoy a rejuvenating Coachella Valley retreat.

1. Agua Caliente Cultural Plaza’s The Spa at Séc-he

» This sprawling new 73,000-square-foot complex, built atop the hot mineral spring, marries ancient rituals with the latest science. An award winner in sustainability, the wellness behemoth offers cryotherapy, flotation tanks, zero-gravity conductive chairs and salt caves. Begin with the Taking of the Waters soak in

a 105-degree mineral bath, then opt for the results-driven Jetpeel Facial or Quartz and Poulitce Massage.
 » 200 E. Tahquitz Canyon Way, Downtown Palm Springs, thespaatseche.com

2. JW Marriott Desert Springs Resort & Spa

» Marriott’s largest spa in the U.S., the 38,000-square-foot Spa Desert Springs offers a full-day elevated lounge

experience. Guests can enjoy the salt-water lap pool, gym, saunas and new interactive co-ed Wellness Lounge with 15 state-of-the-art chairs. Treatments employing local ingredients and brands like Travis Barker’s CBD products are performed in 47 rooms, including couples rooms and private suites.
 » 74-855 Country Club Drive, Palm Desert, parkerpalmssprings.com

3. Parker Palm Springs

» Down a shot of cucumber-infused vodka upon entering the lush grounds of the famed Jonathan Adler-designed five-star resort, complete with pétanque and tennis courts. Lounge by the spa’s indoor pool, take a yoga class or get a mani-pedi before enjoying custom massages and facials and nautical-themed packages like Lost at Sea. Then, try the buzzy new eatery Mister Parker’s (note: jackets required).
 » 4200 E. Palm Canyon Drive, Palm Springs, parkerpalmssprings.com

4. Sensei Porcupine Creek

» This luxe 230-acre property, once a private Rancho Mirage estate, is now a mountain-set wellness retreat favored by actors and athletes. Stay in a two- to four-bedroom private residence and embark on a guided wellness journey through spa gardens, yoga and workout pavilions, golf and tennis facilities and Sensei by Nobu dining. The new Rest and Recovery Program focuses on sleep and stress management.
 » 42765 Dunes View Road, Rancho Mirage, sensei.com

5. Tommy Bahama Miramonte Resort & Spa

» Situated on 11 acres of olive and citrus tree groves, the Miramonte recently transformed into a Tommy Bahama resort. A boutique sells the brand’s apparel, 215 tropical rooms flaunt signature prints, and Grapefruit Basil serves Cali cuisine. Also redone was the two-floor, indoor-outdoor Spa Rosa, which offers treatments like the Island State of Mind full-body scrub.
 » 45000 Indian Wells Lane, Indian Wells, tommybahamamiramonte.com

1: AGUA CALIENTE BAND OF CAHUILLA INDIANS; 2: WERNER SEGARRA/COURTESY JW MARRIOTT; 3: COURTESY THE PARKER; 4: NOAH WEBB; 5: DAN SOLOMON/COURTESY TOMMY BAHAMA MIRAMONTE RESORT & SPA